



**Sprout Solutions Phils. Inc.,  
SPROUT ENGAGE**

**Intercompany Virtual Race -  
SpRoute to Fitness 2022  
Challenge Mechanics**



*All rules are intended to control or influence the behavior of the participants.  
All rules describe the operations, definitions and constraints that apply to all organizations participating.  
This rulebook is carefully made and reviewed by the management.*

## **Sprout's Intercompany Virtual Race 2022**

### **RULEBOOK**

#### **SECTION I.**

- I.I** Organizers can modify the rules, times, and virtual run mechanics without prior notice. Conditions for the virtual race may change depending on operations, technical management, safety, COVID-19 related situations with security, and other justifiable grounds.
- I.II** Participants of this virtual race will participate entirely at their own risk and are responsible for deciding the route, the intensity/level, and the time of their run.
- I.III** Participants will be responsible for their safety, security and well-being.
- I.IV** We encourage and trust the participants to complete their run category distances and input their correct run times.
- I.V** During the participant's timed run, each participant must observe COVID-19 national and local guidelines. Safety is the number one concern.
- I.VI** By entering this event, participants are accepting all the rules and mechanics provided by the organizers.
- I.VII** Organizers are not liable for any and all accidents, injuries, loss, death that may result from participating in this virtual race.
- I.VIII** Since the raffle entry is based on the cumulative distance they will do, the longer or more kms completed will give them the chance to win the major prizes.
- I.IX** Strictly once registration is paid there will be no refund and no changes in merchandise purchased, if any.
- I.X** Make sure to read and sign the waiver before agreeing to register. Failure to do so will result in disqualification.
- I.XI** The event will start from **June 17, 2022- July 22, 2022**



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#### SECTION II.

**II.I** Online welcoming event will happen to officially commence the virtual race.

**II.II** Online awarding ceremonies will happen to officially conclude the virtual race. For the race schedule, please see below.

Event	Date
Registration Period	April 25,- June 15, 2022
Welcoming Event	June 16, 2022

Event	Date
Race Period	June 17- July 22, 2022
First Raffle Draw	Week of Jun 24, 2022
Final Raffle Draw	July 15, 2022
Awarding Ceremony	July 22, 2022
Claiming of event merchandise and prizes	All throughout the race period. Further details on how to claim event merchandise will be announced.

**II.III** Weekly tips (integrated in the platform/ webpage) will be shared to the participants to guide them through such as but not limited to: how to run, walk, cycle properly, emergency hotlines, warm up and cool down exercises.



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**II.IV** 1 wellness session with a certified fitness coach will happen in the beginning of the virtual race.

**II.V** Read the mechanics and FAQs carefully.

**II.VI** For further concern please contact us at +63 969 292 0499

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### **RULEBOOK**

#### **SECTION III.**

**III.I** Registration & payment is via Stampede: Races mobile app.

**III.II** Participants must and should fill in all important fields during registration.

**III.III** Participants may use any app that accurately tracks time and distance within the race period is allowed, as long as participants can take a screenshot of their activity afterwards and submit it as an entry.

**III.IV** Clients/representatives who joined the walking event must use the step counter to submit an equivalent distance (1 step = 0.7m).

**III.V** The leaderboard will be ranked by the most distance completed by an individual.

**III.VI** Real-time leaderboards of all events will be available via web app and mobile app.

**III.VII** Each event will have its own leaderboard but a cumulative/computed leaderboard at the end of the virtual race will be shared.

**III.VIII** Manual approval of virtual entries will happen every Monday, Wednesday and Friday. Once approved, it will appear in the leaderboard.



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**III.XI** Sprout.ph representatives will verify the submissions via the Stampede Portal.

**III.X** Winners will be via raffle where clients/representatives earn raffle entries for the distance they've covered for each event.

**III.XI** Raffle entry count monitoring will be maintained on a separate Google Sheet available for viewing.

**III.XII** Confirmation email will be sent to your respected email addresses after registration.

**III.XIII** The participant has to manually check if he/she allowed the Stampede: Races App to access the photos and videos via phone settings in order to upload your activity.

**III.XIV** Surprise special recognitions might be awarded to distinguished participants or companies who joined the virtual race.

**III.XV** A discount of 10%-25% is available on the registration fee for companies with three or more employees who register. A unique promo code will be provided by the organizers.



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## FAQ's

Questions	Answer
How to submit virtual entries?	<a href="#">There are two ways to submit virtual entries: 1. Using the Sync Strava method (watch how: <a href="https://youtu.be/Em6-n08uLIY">https://youtu.be/Em6-n08uLIY</a>) 2. Using the screenshot method (watch how: <a href="https://youtu.be/kSConSLyzR8">https://youtu.be/kSConSLyzR8</a></a>
Didn't receive any verification email regarding my registration.	The verification email could be in the participant's spam or junk folder.
Can't open my photo gallery to submit my screenshots	The participant has to manually check if he/she allowed the Stampede: Races App to access the photos and videos via phone settings
How do you differentiate walking vs running? What if someone joins a walking event but actually runs for more steps?	The app actually detects it based on stride and per km you take. One walking step should be equivalent to 0.7m.
Every exercise recorded using the Strava app? Can't we just send screenshots of other apps that do all day monitoring of steps, like Apple Health or the Fitbit app or the likes?	You can use other devices to monitor your activity. As long as there's a date, distance and time as a screenshot that you will submit as proof to the Stampede app, it will be counted.
Does stampede track your run as well? or do you really need to get data from a fitness tracker app like strava and NRC?	<a href="#">Stampede does not track your run but Strava can be sync to Stampede app, How to sync with Strava - <a href="https://youtu.be/Em6-n08uLIY">https://youtu.be/Em6-n08uLIY</a></a>
Are we allowed to use our personal email to create an account in Stampede or Strava?	Yes, you can.
Do we have to wait for the event to start to sync the Stampede app with Strava?	Yes, you have to wait for the race to start before you can sync or submit virtual entries.
Can I still register even if the race has started already?	Yes as long as there's an official announcement from the organizers that registration is still open or has been extended.
Will indoor cycling, walking, running be recognized?	We encourage everyone to do outdoor but if your sports equipment at home can track your date, distance and time you may send us a photo of your activity and upload it thru Stampede: Races App



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## **RAFFLE MECHANICS**

1. The raffle is open to all Sprout Solutions Inc. company representatives, 18 years old and above.
2. Participants must register and pay via Stampede App under Sproute to Fitness 2022 event. Link to the official website here:  
<https://sprout.ph/sproute-to-fitness-2022/>
3. Participants must submit virtual entries of their activities via the Stampede App.
4. Participants must meet the required kilometer per raffle prize to join (e.g 5km distance for any activity to win raffle prizes. Complete list of prizes with its corresponding km requirement will be posted and shared on the welcoming event of Sproute to Fitness 2022.
5. The participant can only win one prize at a time, regardless of the prize (minor or major).
6. **The race period is from Jun 17, 2022 to Jul 22, 2022**

## **RAFFLE DRAW AND PRIZES**

1. Winners will be randomly generated through an electronic draw.
2. Winners will be determined within the race period mentioned.
3. Winners will be announced on Sprout Solutions official facebook account and Sproute to Fitness facebook group.
4. List of prizes will be announced during the welcoming event.
5. Winners will be notified via email and contact number provided.
6. Winners must present the following to claim their prizes:
  - a. Valid ID with picture and address
  - b. Official text or email notification, or printed out notification.
7. Winners will be contacted by our official event secretariat to share instructions on how to claim their prizes.



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**PROVISIONS FOR INVALID ENTRIES:**

1. All decisions made by Sprout Solutions, Inc. are final, and no correspondence will be entertained without the concurrence of the DTI.
2. Sprout Solutions, Inc. reserves the right to disqualify anyone who fails to follow instructions, and tampers with or submits entries already used by other representatives.